



*Dreaming Body and The Art of Self-Giving*

**MASTERMIND**

**BTE BODYMINDWORK 2026**

20-26 August 2026 (Dreaming Body)

27 August - 2 September 2026 (Art of Self-Giving)

**LOCATION: FATTORIA MONTE CARMEL  
TEVIGGIO PIANE 19028 VARESE LIGURE (SP)**

*Biotransenergetics (BTE)*

BTE IS A PSYCHO-SPIRITUAL DISCIPLINE THAT PROVIDES METHODOLOGICAL MAPS AND PRACTICAL TOOLS TO NURTURE ONE'S OWN TRUE NATURE, IN ORDER TO FAVOR INTEGRAL WELL-BEING AND FULL SELF-REALIZATION. BTE IS BASED ON INNER EXPERIENCE AND ON THE EXPLORATION OF THE VARIOUS DIMENSIONS OF CONSCIOUSNESS. IT IS FOCUSED ON PARTICIPATION AND SHARING.

BIOTRANSENERGETICS AIMS TO REACH AWARENESS BY REVEALING THE MOST AUTHENTIC DIMENSIONS OF THE HEART, OVERCOMING THE PROCESSES OF THE ORDINARY MIND.

BTE IS AN INTEGRAL AND TRANSPERSONAL THERAPEUTIC MODEL ORIENTED TO ACCESSING THE MOST GENUINE HUMAN QUALITIES AND DEVELOPING PUREST TALENT AND HIGHEST POTENTIAL, INTERVENING EFFECTIVELY IN THE PROCESSES OF TRANSFORMATION OF CONSCIOUSNESS.

BTE CONSIDERS ECSTATIC AND MYSTIC EXPERIENCE AS THE PRIMARY TOOL FOR SPIRITUAL EVOLUTION.

# Dreaming Body



PSYCHÉ EXPRESSES THE TOTALITY OF THE INDIVIDUAL IN ITS ASPECTS, AMONG OTHERS, BIOLOGICAL (BIOS), EMOTIONAL (PNEUMA), MENTAL (LOGOS). IN THE DREAMING BODY PRACTICES THROUGH THE INTEGRATION OF RITUAL MOVEMENTS (MUDRA), BREATHING AND SOUND (MANTRA) AND MENTAL VISIONS (YANTRA) ONE REALIZES THE MASTERY OF PSYCHIC EVENTS THROUGH THE ESSENTIAL TRANSE (PASSAGE TO THE ZERO, PERSISTENCE OF CONTACT AND MASTERY OF TRANSE) WHICH CREATES THE CONDITIONS FOR INCREASED LIFE ENERGY AND ACCESS TO THE FORCES OF THE SPIRITUAL WORLD.

## Art of Self-giving

WORKING ON THE BODY MEANS WORKING ON THE PSYCHÉ, WHICH IS WHY WE SPEAK OF THE BODY MIND THE DIFFERENT TOUCHES OF THE ART OF SELF-GIVING CORRESPOND TO DIFFERENT ELEMENTAL FORCES AND CONVEY QUALITIES IN A PATH THAT ACCOMPANIES THE INDIVIDUAL IN HIS OR HER PROCESS OF GRADUAL IDENTIFICATION AND OVERCOMING OF ONE'S PERSONAL IDENTIFICATIONS AND CONFLICTS (CONTACT, MOBILIZATION, DIRECTION TRANSFORMATION).

**REGISTRATION BY**  
**30 JUNE 2026**

**FULL COST:**

**€ 1500+IVA**

**COST FOR ONE WEEK:**

**€ 900+IVA**

**BTE STUDENTS:**

**50% DISCOUNT**

**ACCOMODATION:**

**€ 30 PER DAY**