

BTE ZERO



SOFT SKILLS IN ACTION

KEYS TO MASTERING HYPER-COMPLEXITY

INTEGRAL TRANSPERSONAL COUNSELING SCHOOL

Biotransenergetics (BTE) Methodology)

ITI SOFT SKILLS
LEARNING
SYSTEM
(SSLS)

Free from the past, rooted in the present, ready for the future



BTE ZERO



INTRODUCTION

BIOTRANSENERGETICS, BTE SINCE 1982
ITI - INTEGRAL TRANSPERSONAL INSTITUTE

SOFT SKILLS IN ACTION

WWW.INTEGRALTRANSPERSONALLIFE.COM



THE CHALLENGE OF HYPER-COMPLEXITY

POLLUTION

WATER USE

FOREST LOSS

MIGRATION

GLOBALIZATION

LACK OF TIME

SPEED

LOSS OF CONTACT WITH ONESELF

DIGITALIZATION

GLOBAL WARMING

SPECIES EXTINCTION

GLOBAL FINANCE

INFORMATIONAL INFLATION

PERSONAL IMPORTANCE

HYPERTROPHY OF RATIONALITY

COMPETITION



GLOBAL HUMAN CAPITAL REPORT

Everyone everywhere is operating in a hyper-complex environment. Most students and workers are not being adequately prepared with either the hard skills or the soft skills they need to be successful. Soft skills are key to the future.

Many of today's education systems are already disconnected from the skills needed to function in today's labor markets and the exponential rate of technological and economic change is further increasing the gap.

The Global Human Capital Report 2017

Preparing people for the future of work



FORBES ON EDUCATION

“No field operates more inefficiently than education. A new breed of disruptors is finally going to fix it.”





NEW TRENDS IN EDUCATION

- Degrees losing currency
 - Competency Stacks gaining currency
 - Soft Skills key competencies
 - Competencies, Soft Skills are the new Liberal Arts
-
- Knowledge must be enhanced with Soft Skills and Action in the World

SOFT SKILLS COUNSELING COMPETENCIES

These are the key skills for:



1

Post-conventional, transcultural and world-centric societies capable of solidarity and acceptance of the weakest.

2

Organizations capable of operating according to systemic models of partnership, collaboration, creativity

3

A Scientific Community that works from an integral standpoint and extends its jurisdiction to the completeness of the human experience

4

Flexible labour force able to cope with the rapidity of socio-environmental changes

5

Conscious and compassionate human beings capable of responding to problems effectively and competently

6

Teachers skilled in emotional and interior competencies and able to foster an understanding based on insight, the development of creative potential and the most genuinely human qualities.

7

Individuals inclined to service and participation, prone to interconnection and synergy, ready for mutual understanding, conflict resolution and management of common resources.

KEY COMPETENCIES

COLLABORATION

CREATIVITY

EMOTIONAL COMPETENCIES

CONNECTION TO SELF

INTEGRAL THOUGHT

TOLERATE UNCERTAINTY

SERVICE

COMMUNICATION

FLUIDITY

MASTERY OF STATES OF CONSCIOUSNESS

ARCHETYPAL EXPERIENCE

WILLINGNESS TO CHANGE

TRUST

LISTENING





ITI - UBIQUITY UNIVERSITY PARTNERSHIP

FOR AN INTERNATIONALLY ACCREDITED
INNOVATIVE TRAINING

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILLS IN ACTION

A COLLABORATIVE SYNERGY

- ITI is the country partner of Italy for Ubiquity University, which is an internationally accredited, innovative, global learning community founded on an integral teaching system designed to provide skills in order to face the challenge of hyper-complexity.
- Each degree obtained at ITI is accredited by Ubiquity University and allows access to the completion of academic studies to obtain, based on the degree, Bachelor's, Master's or Ph.D.
- Simultaneously, ITI accredits the counseling and soft skills training courses by partners who offer courses compliant with ITS SSLS standards.

SOFT SKILLS IN ACTION



UBIQUITY UNIVERSITY ACCREDITATIONS

Ubiquity University is accredited by the Accreditation Service for International Schools, Colleges and Universities (ASIC) in the United Kingdom. ASIC is recognized by the British Government Home Office and is a member of the British Quality Foundation.

ASIC is an affiliate of the European Network for Quality Assurance (ENQA) and an institutional member of the European Distance and E-Learning Network (EDEN).

Accreditation by ASIC conforms to the educational standards of Britain and the European Union. ASIC is also a member of the U.S. Council on Higher Education's International Quality Group (CIQG) and conforms to the highest U.S. educational standards. ASIC accredits 320 colleges and universities in 60 countries around the world.

<https://www.ubiquityuniversity.org/accreditation/>



UBIQUITY UNIVERSITY ACCREDITATIONS

Accredited universities all over the world are recognized as accredited by other universities. However, no university is obliged to accept a degree from any other university and no university is obliged to accept transfer courses.

Even if a university accepts a student, they seldom accept all the courses the student seeks to transfer, especially for students transferring from one country to another. It is always a negotiation.

By providing students with a detailed portfolio of all the competencies they demonstrate, with links to evidence, we believe Ubiquity is giving students the best possible chance of having their degree accepted by another university.



ITI ACCREDITATIONS

The ITI Integral Transpersonal Counseling Training is recognized by AssoCounseling.

AssoCounseling is a professional association pursuant to the Law of 14 January 2013, n. 4.

In order to protect consumers and guarantee the transparency of the professional services market, AssoCounseling issues its members with a certificate of quality and professional qualification of services pursuant to art. 4 of the same Law.

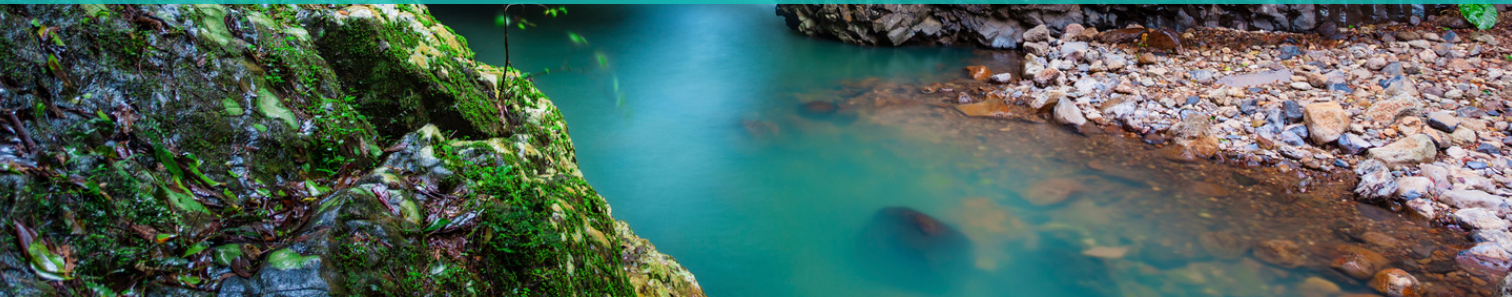
AssoCounseling is a member of the Free Professional Associations Coordination (CoLAP), FederCounseling and the International Association for Counseling (IAC).
AssoCounseling is also a UNI member.
<https://www.assocounseling.it/>





THE METHODOLOGY

FOR AN INTERNATIONALLY ACCREDITED INNOVATIVE TRAINING



ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILL IN ACTION

BTE ZERO: BTE UPDATED BY ITS FOUNDER

The discipline of BIOTRANSENERGETICS (BTE) is a poetic act, whose intent is to teach to recognize the sacredness of the creative impulse of life in all its manifestations, as well as to conform to its laws.

Biotransenergetics proposes a methodology based on inner experiences, exploration of the dimensions of consciousness and on participation and sharing. Its intention lies in the realisation of awareness, which is disclosed in the most authentic dimensions of the heart, beyond the thought processes of the ordinary mind. An integral and transpersonal therapeutic model is oriented to the realization of the self, making one able to intervene effectively in the processes of transformation of consciousness.

TO WHOM IS IT ADDRESSED?

Within every doctor, psychologist, health practitioner, teacher, educator, manager, artist, man and woman of good will, lives a human being who often neglects or hides their truest parts.

BTE ZERO

BTE Zero offers specific training courses for the application of soft skills in different contexts:

- helping relationships
- spiritual realisation
- realisation of one's creative and artistic potential
- education
- organizations





BTE ZERO KEY CONCEPTS:

- BIOTRANSENERGETIC INTEGRATION
- FURTHER MODE
- SECOND ATTENTION
- THE THREE METHODOLOGICAL CORNERSTONES
- INTEGRAL THOUGHT



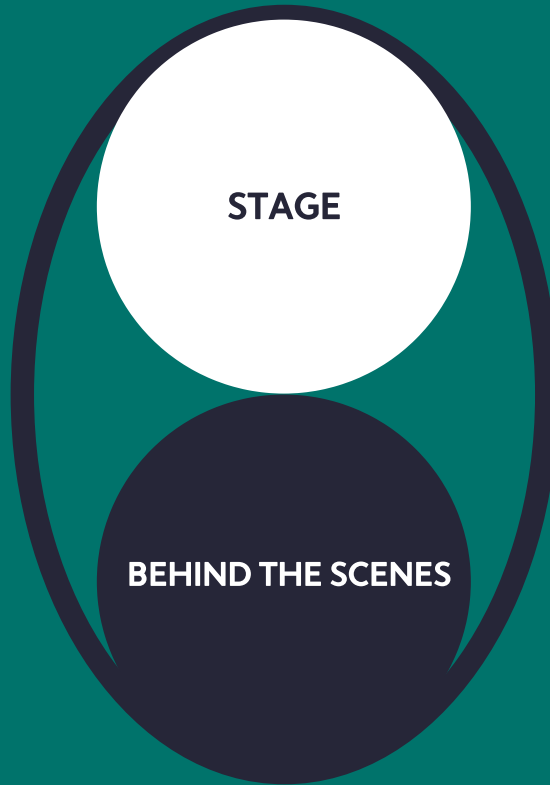
BIOTRANSENERGETIC INTEGRATION

BTE since 1982



FURTHER MODE

SECOND ATTENTION



BTE ZERO

THE THREE METHODOLOGICAL CORNERSTONES



MODES OF THINKING

The difference that makes the difference

- **Thinking:** creating beliefs
 - **Wishful Thinking:** being guided by beliefs
 - **Critical Thinking:** making beliefs coherent with evidence
-
- **Lateral Thinking:** restructuring beliefs with creativity.
 - **Intuitive Thinking:** Bypassing beliefs
 - **Conscious Thinking:** Observing beliefs
-
- **Integral Transpersonal Thinking:**
Observe the contents of the Organismic self, the state of consciousness, the data of the external world and of the field.



The background image shows a wooden suspension bridge with a metal mesh railing, stretching into a dense forest of tall evergreen trees. A semi-transparent teal band covers the middle portion of the image, serving as a background for the text.

BTE ZERO

TRANSE LEARNING

FOR AN INTERNATIONALLY ACCREDITED
INNOVATIVE TRAINING

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SOFT SKILL IN ACTION

TRANSE LEARNING

A FURTHER MODE

Theory/Practice
here and now and all around



P.L. LATTUADA M.D., PSY.D., PH.D.
SOFT SKILL IN ACTION

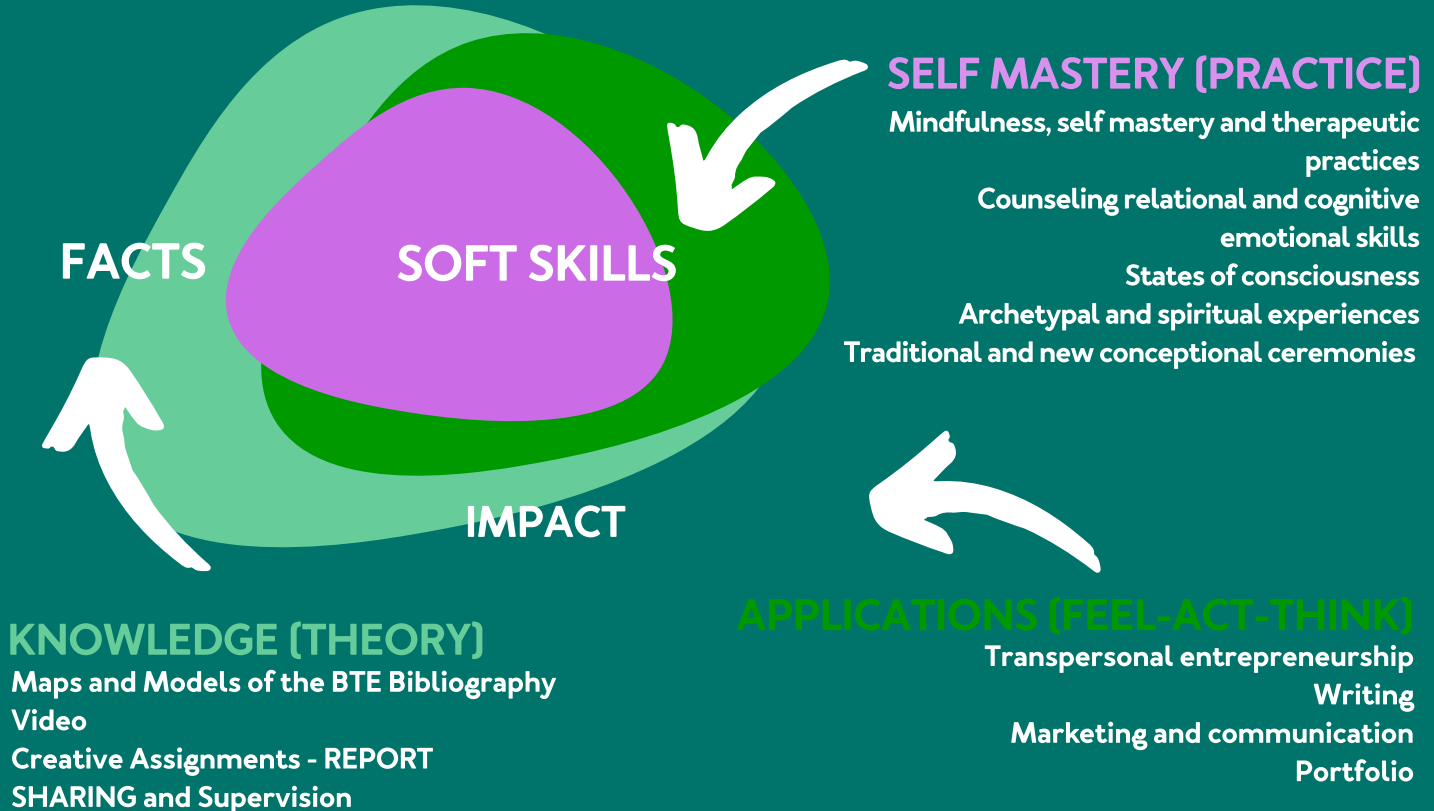
TRANSE LEARNING

Transe Learning is an integral teaching methodology capable of creating the conditions for insights, for the understanding of a "new order". This was considered by the ancient traditions of humanity as the only way for an authentic knowledge, which is realised through the whole body, within the cells, as well as in the emotions and in the mind. A teaching that is reached through the mastery of the "felt sense", (the awareness of proprioceptive signals, from kinesthetic to visceral), the ability to pass through pain and wounds (personal emotional history, empathic identification).

ITI-SSLS integrates the learning design of UU (facts, self-mastery, impact) with the corpus of the BTE maps, models and practices, of the integral thought and the wisdom of the ancient traditions of humanity.

TRANSE LEARNING

ITEGRATION OF ITI SSLS AND UU LEARNING DESIGN



ITI SOFT SKILLS LEARNING SYSTEM (SSLS)

SELF SOFT SKILL IN ACTION

ITI-SSLS is designed for "young people" at heart who know they come from afar and that they have a present and a future as protagonists, innovators, and creatives. They can be the pioneers of a new culture of sharing, which is capable of transcending and including dualisms, as well as the differences and conflicts of the wider system that includes them.

The Further Mode:

The separation between theory and practice, between mind and body, between action and feeling, between male and female, between past and future, between matter and consciousness, traditional and scientific, academic and experiential, is overcome in a transformative didactic methodology, a Further Mode that teaches how to "make two into one".



ITI-UBIQUITY UNIVERSITY PARTNERSHIP

**A COLLABORATIVE
SYNERGY**



PROGRAMS & CERTIFICATIONS

For an internationally
accredited innovative training

ITI - UBIQUITY UNIVERSITY PARTNERSHIP

PROGRAMS AND CERTIFICATIONS

ITI SSLS offers the following training programs and issues the respective ITI Certs and ITI Degrees:

- For the first three years: **Soft Skills Competences ITI CERT** or **Counseling Competences Certificate (CC)**
- + 1 year: **Integral Transpersonal Counseling ITI DEGREE** or **Four-year degree in Integral Transpersonal Counseling (ITC)** *Recognized by AssoCounseling
- 3 more years: **Three-year Specialization In Integral Transpersonal Counseling – Counselor Trainer ITI DEGREE**
- For graduate counselor coming from other schools: **Master Degree in Integral Transpersonal Counseling ITI CERT**

Each ITI Degree allows students to access the **BA completion of UU in Integral Transpersonal Psychology**.

In case of holding a university degree, it will be possible to access the **MA completion of UU Integral Transpersonal Psychology**.

It is also possible to make the transition from all ITI programs to all those of UU and vice versa through a credit system.

BACHELOR OF ARTS COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY

ONLY FOR ITI ACCREDITED GRADUATES

A Ubiquity BA completion program consists of 7 courses of study (30%), 1 impact courses and an impact project (30%) plus 2 Self-mastery courses and your Self-mastery project (30%). The remaining 10% is for the collaboration in online interaction, creative assignment and impact project.

Core Courses

- Foundations of Integral Transpersonal Psychology (online) (Pier Luigi Lattuada, ITI)
- Theory and Methods of Integral Transpersonal Psychology (online) (Pier Luigi Lattuada, ITI)
- Great Books of World Wisdom Traditions (online)
- Introduction to Psychology (syllabus) (Dana Klisanin, UU)
- The Living Universe (online) (Duane Elgin, UU)
- Addiction and Its Treatment (online) (Guy du Plessis, UU)
- Integral Flourishing Part One (online) (Lee Mason, UU)
- Clinical and Dynamic Psychology (Jure Biechonsky, ITI)
- Integral Approach to Human Development (Regina U. Hess, ITI)
- Impact! (Impact project course - online)

For further information please follow this link: ubiquityuniversity.org (General Guide and Bachelor of Arts Completion section)

MASTERS OF ARTS AND PH.D COMPLETION IN INTEGRAL TRANSPERSONAL PSYCHOLOGY

ONLY FOR ITI ACCREDITED GRADUATES

For those who have already completed a BA program in Integral Transpersonal Psychology

The programs of Master of Arts and Ph.D in Integral Transpersonal Psychology provide personalized courses to be agreed upon during admission.

Anyone who has already completed a BA program in Integral Transpersonal Psychology or is in possession of an ITI accredited degree and at least a three-year degree can apply to the Master Completion program at UU.

Anyone who has completed an MA program at UU or is in possession of an ITI accredited specialization diploma can access a Ph.D Completion program at UU.

Those interested, they can consult the General Guide and Master of Arts section, as well as contact UU for the creation of a Master Completion program or Ph.D Completion research personalised program.

ITI-UBIQUITY UNIVERSITY PARTNERSHIP

**A COLLABORATIVE
SYNERGY**



PROGRAMS & CREDITS

For an internationally
accredited innovative training

PROGRAMS & CREDITS

ITI adopts the ECTS Credit Evaluation System, which is used also by Ubiquity University, in order to promote the inclusion in the university circuit of the students who, once the training is completed, wish to continue their studies.

The number of TC for obtaining the various certifications is 50 TC year, (corresponding to 50000 UU points), therefore a minimum of:

- 150 CG (150000 UU points) will be required to obtain the **Counseling Skills Certificate** (CC)
- 200 CG (200000 UU points) to get the **Diploma of Transpersonal Integral Counseling** (CTI)
- 350 CG (350000 UU points) to get the **Diploma of Counselor Trainer** (PCTI)
- 150 + 100 (250000 UU points) to get the **Certificate Master's Degree in Integral Transpersonal Counseling** (MCTI)

The training program provides for the following activities to be carried out at the acquisition of TC:

- **Attendance Seminars** (practical theoretical, technical applicative, practice) 14 TC year
- **Individual Sessions** (CC e CTI) 5 TC year
- **Internship and supervision** 9 TC year
- **Reports and Exams, Assisted training courses** valid for compulsory attendance, **Individual study, Extra-didactic experiences** 22 TC year
- **Thesis** 5 TC (10 for PCTI and MCTI)

BTE ZERO

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SELF SOFT SKILLS IN ACTION

INTEGRAL
TRANSPERSONAL
COUNSELING
SCHOOL

BTE Methodology

**Recognized by Assocounseling
Accredited by Ubiquity University
Toward the attainment of
Bachelor, Master, Ph.D in Integral Transpersonal Psychology**

Free from the past, rooted in the present, ready for the future

BTE ZERO

ITI SOFT SKILLS LEARNING SYSTEM (SSLS)
SELF SOFT SKILL IN ACTION

BTE ZERO

ITI soft skills learning system (SSLS)

Soft Skills in action

PERSON + SOFT SKILLS

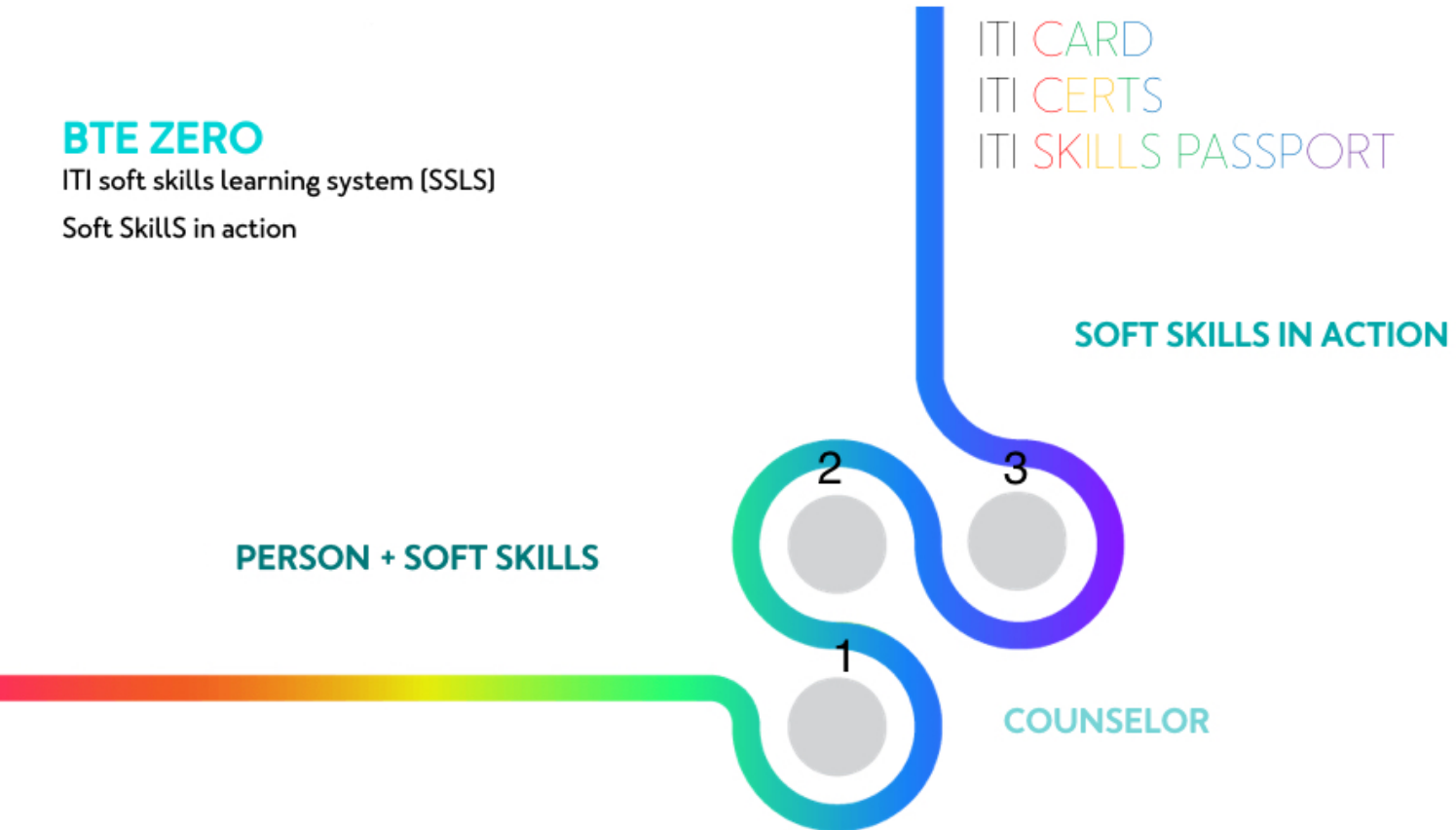
ITI CARD

ITI CERTS

ITI SKILLS PASSPORT

SOFT SKILLS IN ACTION

COUNSELOR



THE EIGHT PILLARS OF TRANSFORMATION

- Observing rather than... Thinking
- Staying rather than... Leaving
- Feeling instead of... Understanding why
- Facts, not Problems
- Trust instead of Control
- Allies, not Symptoms
- Acceptance instead of... Fighting
- Responsibility rather than... Delegating



INTEGRAL TRANSPERSONAL COUNSELING

THE PROFESSION OF THE INTEGRAL TRANSPERSONAL COUNSELOR

The law on unregulated professions, Law 14 January 2013, n. 4, was published on the Official Gazette on the 26th of January, 2013, n. 22.

The statute of unregulated professions entered into force on the 10th of February, 2013.

For more information see the following links:

<http://www.parlamento.it/parlam/leggi/messaggi/c1934a.pdf>

<http://www.altalex.com/index.php?idnot=18000>

<http://biotransenergetica.blogspot.ch/>

On the 2nd of July, 2007, a memorandum of understanding was signed by most of the trade associations. This establishes mutual recognition and indicates the minimum training standards in accordance with the international guidelines.

These standards include:

- First level of training: minimum of 450 hours in the three years. Counselor diploma
- Second level: minimum of 500 hours of supervised professional practice.
- Counselor Trainer diploma
- Lifelong learning activities: minimum 25 hours per year

COUNSELING COMPETENCIES WITHIN HELPING RELATIONSHIPS

This is a journey that accompanies the individual towards him or herself, providing him/her with opportunities and tools to change and manage change.

The counseling relationship is structured as a non-directive relationship of help, based on an active and empathetic listening which, in a climate of attention and respect, places the "client" at the centre with his/her needs, enhancing the potential for change, the ability to autonomously identify responses that modify one's own existential situation, which broaden one's vision of the world and, consequently, one's ability to choose.

Integral Transpersonal Counseling transcends and includes specific counseling skills by providing the tools to manage the delicate passages of the evolution of consciousness; in a path that gradually leaves personal problems to venture into the archetypal territories where the dimensions of existential meaning reside, as well as of spiritual experience, of the most genuinely human qualities, of hypersensitivity and of non-ordinary states of consciousness.

At the conclusion of this course, students will have increased their capacity to work compassionately and mindfully be aware of the role of inner experience, mindfulness, discernment, compassion, and ethics in their personal and professional life.

- Mastery of inner experience (ecstatic ability, exploration of states of consciousness, knowledge of the transpersonal dimension)
- Awareness and compassionate love (persistence of contact, here and now, wanting everyone's wellbeing)
- Overcoming of one's own personal history (freedom from the known, from emotional fullness)
- Empathic transidentification and understanding (mastery of the transe)
- Courage of imperfection (ability to make mistakes)
- Sacred attitude (trust, humility and devotion)
- Responsibility and creative will
- Participation and sharing with the other and with the environment



INTEGRAL TRANSPERSONAL
COUNSELING
SELF SOFT SKILLS IN ACTION

THE TRANSPERSONAL
COUNSELOR'S CHARACTERISTICS

INTEGRAL TRANSPERSONAL COUNSELING

THE INTEGRAL TRANSPERSONAL COUNSELOR'S TASKS AND BOUNDARIES

- Responsibility (acceptance of one's own freedom)
- Creative will (development of potential)
- Acceptance of one's uniqueness (becoming what one is)
- Entelechy: courage to realise one's true Self
- Union between one's conscious Self and the various levels of the unconscious
- Evolutionary commitment to the common wellbeing
- Affirmation of spiritual tension and acceptance of the difference between things as they are and how they should be
- Creative use of the personal history generated by the family and social environment.
- Developing empathy
- Developing Self-Awareness through Inner Experience
- Developing Compassionate Love through Participation and Sharing Exploring and mastering non-ordinary states of consciousness
- Objective listening
- Help the client to "confess"
- Help the client understand and honour their nature
- Assist the client on their journey towards the realization of their creative and psycho-spiritual potentials
- Provide contexts that help to "dissolve" the problems towards a new vision of oneself, of others and of the world

- Facilitate the intrinsic processes towards healing of the organism, towards the maintenance of health and prevention of disease
- Educate oneself to health and self-healing
- Promote the recognition of one's creative potential
- Influence the biochemical activity of the organism by mastering one's mental attitudes and states of consciousness
- Developing emotional intelligence and disidentifying from one's personal history
- Enhancing one's spiritual dimension and realising one's truest nature and live from the heart
- Freeing the creative expression of one's talents
- Mastering the inner experience and exploring the archetypal and transpersonal dimensions of the Psyche
- Feeling, acting and thinking in an integral way (from knowledge to insight)
- Transcending the past and future in the present time (from Kronos to Kayros)



INTEGRAL TRANSPERSONAL COUNSELING

ACHIEVEMENTS

- Principles of psychobiology and of anatomo-psycho-physiology 5 TC (5000 UU points)
- Fundamentals of counseling 5 TC (5000 UU points)
- BTE Methodology I 10 TC (10000 UU points)
- Principles of Olosomatic 5 TC (5000 UU points)
- Psycho-bodily and psycho-spiritual disciplines 10 TC (10000 UU points)
- Integral transpersonal therapy theatre 5 TC (5000 UU points)
- Soft skills counseling 10 TC (10000 UU points)
- Integral transpersonal counseling soft skills 10 TC (10000 UU points)
- BTE Methodology II 10 TC (10000 UU points)
- Helping relationship in the developmental age 3 TC (3000 UU points)
- Disease isomorphism: reading and intervention on 5 levels 3 TC (3000 UU points)
- Psycho-bodily and psycho-spiritual disciplines 5 TC (5000 UU points)
- Integral transpersonal therapy theatre II 3 TC (3000 UU points)
- Soft skills counseling 11 TC (11000 UU points)
- Supervision 5 TC (5000 UU points)

INTEGRAL TRANSPERSONAL
COUNSELING
SOFT SKILLS IN ACTION

EXAMS & CREDITS

- Integral Transpersonal Counselling Self Soft Skills III 5 TC (5000 UU points)
- BTE III Methodology 10 TC (10000 UU points)
- Psycho-corporeal and psycho-spiritual disciplines II 5 TC (5000 UU points)
- Integral transpersonal therapy theatre III 3 TC (3000 UU points)
- Sacred technologies 10 TC (10000 UU points)
- Ethnopsychology 2 TC (2000 UU points)
- Humanistic and Transpersonal Approach 10 TC (10000 UU points)
- Supervision 5 TC (5000 UU points)
- Holistic paradigm and integral vision 3 TC (3000 UU points)
- Elements of energetic diagnosis 2 TC (3000 UU points)
- Integral Transpersonal Counselling Self soft Skills IV 5 TC (50000 UU points)
- BTE Methodology IV 10 TC (10000 UU points)
- Psycho- corporeal and psycho-spiritual disciplines 3 TC (3000 UU points)
- Epistemological foundations of the transpersonal approach 2 TC (2000 UU points)
- Integral transpersonal therapy theatre IV 5 TC (5000 UU points)
- Perennial philosophy and ancient traditions 5 TC (5000 UU points)
- Supervision 5 TC (5000 UU points)
- Drafting and discussion of thesis 10 TC (10000 UU points)

INTEGRAL TRANSPERSONAL
COUNSELING
SOFT SKILLS IN ACTION

EXAMS & CREDITS

BTE ZERO

ITI SOFT SKILLS LEARNING SYSTEM (SSLS) SELF SOFT SKILL IN ACTION

ITI soft skills learning system (SSLS) is compliant with the Ubiquity University global standards

All qualifications issued by ITI, Counseling and Soft Skills Skills Certificates, Diplomas and Credits offer spendable credentials in the most diverse areas of public and private sectors.

ITI CARD

ITI CERTS

ITI SKILLS PASSPORT

Accredited by
Asscounseling
Accredited by
Ubiquity University

2

3

1

Each ITI CARD holder will have a SKILLS PASSPORT indicating the ITI SKILLS accumulated that can be shown and used internationally in the workplace and in trainings.



Creating an Integral Transpersonal Life